



Signs/Symptoms

Typically, several of the signs listed below in one or both areas would suggest a need for evaluation.

PHYSICAL

- Poor balance
- Poor coordination
- Poor visual tracking skills
- Difficulty reading
- Poor sleep-wake patterns
- Shallow breathing
- Irregular muscle tone
- Difficulty with handwriting
- Exerts too much effort in a given task

EMOTIONAL/SOCIAL

- Impulsive/stubborn
- Difficulty adapting to a new routine or change in routine
- Unusual response to touch
- Over or under attentiveness to visual stimuli
- Issues with self-regulation, i.e., difficulty with self-calming
- Restlessness/overly active

Learn more by visiting us at
www.kidswork.biz

Therapy for Children with Special Needs

TREATMENT EXPERTISE

- Learning Disabilities
- Behavioral Disorders
- Autism Spectrum Disorder
- Asperger's Syndrome
- Attention Deficit Disorders
- Down's Syndrome
- Prenatal Drug Exposure
- Prematurity
- Crisis Intervention

WORK EXPERIENCE

19 years treating:

- Infants
- Young Children
- Adolescents
- Adults



Pediatric Occupational Therapy Specializing in Treating

Sensory Disorders:

Asperger's Syndrome

Attention Deficit Disorders

Developmental Delays

Sensory Processing / Sensory Integration Disorders



Services offered by

Stephanie M. Foster
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Registered & Licensed Occupational Therapist
Certified Sensory Integration Specialist

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San Luis Obispo & Santa Maria, CA



Kid's Work was created to provide specialized therapies for children with special needs, behavioral problems, or developmental delays. We do this by combining sensory integrational techniques with traditional occupational therapy that is specifically tailored to each child's individual needs. Our goal is to help children become better at their true occupation: **living, learning, and playing.**

CREDENTIALS & TRAINING

- ☞ Bachelor's of Science in Occupational Therapy from Tufts University, 1988.
- ☞ Occupational Therapy Internship at Walter Reed Army Medical Center, 1989.
- ☞ Master's of Science in Pediatric Occupational Therapy from Boston University, 1994.
- ☞ Contributing researcher to the development of the *Sensory Profile* (all three versions), *School Function Assessment*, *Bruinicks-Oseretsky Test of Motor Proficiency*, and *Miller FUnction and Participation Scale*, 1997 - 2005.
- ☞ California licensed Occupational Therapist since 2002 (first year California required licensure).
- ☞ Doctoral student in Prenatal and Perinatal Psychology.

Available for public speaking engagements

- * **Experienced:** over 19 years of treating children with a variety of special needs
- * **Effective Treatment:** advanced training in researched-based therapies and effective service delivery
- * **Natural Environment:** utilizing the child's most natural environment: your home, the child's school, or our clinic depending on the needs of the child and family
- * **Convenient Locations:** San Luis Obispo and Santa Maria—Santa Maria's only Sensory Integration Clinic
- * **Insurance accepted:** Blue Shield, Tricare, & Midcoast Care—we can help you get out-of-network authorization for other forms of medical insurance
- * **Certified in Sensory Integration since 1994**



Multi-sensory Play

While playing a game on a Vestibulator, Victor is developing his trunk strength, integrating both sides of his body, and improving his eye-hand coordination.

Services Offered:

- ☞ **Traditional Occupational Therapy** to develop and improve fine motor skills and activities of daily living.
- ☞ **Sensory Integration Therapy** incorporating all sensory arenas (taste, smell, touch, sight, hearing, movement, and position). This therapy is highly effective in teaching self-regulation skills for attention deficit disorders.
- ☞ **Comprehensive Assessments** in the areas of sensory processing, fine and gross motor skills, school functioning and self-care using *Sensory Integration and Praxis Test (SIFT)* as well as other state of the art standardized assessments tools.
- ☞ **Early Intervention** for infants and toddlers ages birth to three years.
- ☞ **Auditory Therapy** with state of the art music training to help children filter out background noise and improve their listening skills.
- ☞ **Group Therapy** offers lower cost treatment—availability varies with current enrollment.
- ☞ **Expert Consultations** with other therapy providers or advice in the selection of home therapy equipment.

To find out if these services are right for your child, please call 805-264-1553 to schedule an appointment. We look forward to working with you and your family.

Living, Learning, Playing