

Dates

Play Group Session 1: June 26-July 12:
Tuesdays & Thursdays for three weeks.

Play Group Session 2: July 17-August 2:
Tuesdays & Thursdays for three weeks.

Parent Support Group: June 27-August 1
on Wednesdays at 6:30-8:30 p.m.

Specific times for Play Groups will be announced in June. Actual groups offered depend on enrollment.

Tuition

Please discuss your individual needs with Dr. Foster. Most health insurances are currently accepted, including TriCare, United Health, AETNA, & Blue Shield (Out of Network for Blue Cross & Cigna). Cash rates also available, with a discount given for pre-payment of both sessions:

- Entire Summer Session; \$525 (\$500 if paid in full before the first session)
- Session 1: June 25— July 12: \$275
- Session 2: July 12 -July 28th \$275
- Initial Screening \$30

Siblings are welcome to attend for an additional \$10 per meeting. These siblings also need additional intake paperwork completed.

Note: Parent Support Group must be paid for by the parents' insurance (not the child's) or private pay (\$300 total at the beginning or two payments of \$175 due at the beginning and after the third meeting.)

Kid's Work Summer Play Groups!

The goals of Occupational Therapy groups focus on improving children's self-regulation:

- Children learn to control their behavior, be more self-regulated, and interact better with peers.
- Parents become more fluent in understanding and guiding their child's behavior.
- Groups should be challenging for your child in a positive way. Your child's tolerance and ability to focus should grow. The physical activity should be a great stress release.

Organization

Playgroups are divided into developmental age group ranges (3-5 years, 5-7 years, & over 8 years old). Each group lasts 50 minutes, with the 10 minutes for parent questions. Groups meet for 6 to 12 sessions, with two to four children, one to two OT staff members, and their parents in each session. Each group may also include parent-focused sessions, which occur in the evenings. In addition, each child attends at least one individual session at the Kid's Work clinic per month.

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KIDS SUMMER GROUPS 2012!



Summer is a special time for children to relax, play, and learn new skills!! Kid's Work offers unique play groups and a parent support group

**To register,
call 805-264-1553
or visit
www.kidswork.biz**

Group Descriptions

“Let’s Play”® Groups :

Social interaction is a skill every child must learn. Small groups allow your child to practice acceptable social skills in a safe, supported manner. Specifically, we provide the following group therapy sessions:

Sensory Motor Development

This group uses sensory-based games and activities to develop successful play skills in children who struggle with the gross motor and motor planning aspects of group play. This group is offered for ages 3-5 years, and 5-7 years old.

Kindergarten Readiness

This group focuses on getting children ready to learn in a structured school setting. We use fun fine motor games, creative art projects, and home activity suggestions to help children develop necessary pre-writing skills and build a more positive attitude towards writing and fine motor tasks. Social skills and self-regulation abilities are supported for readiness to enter school.

Happy Handwriting

This group uses structured handwriting curriculum, fun fine motor games, and home activities to help children develop necessary pre-writing skills and build a more positive attitude towards writing and fine motor tasks. Specific ability groups include children who are learning to print (ages 4-7 years) and cursive hand-writers (ages 8+ years). Topics include pre-handwriting readiness, hand-strengthening and proper letter formation.

How Does Your Engine Run?

This group assists children to accurately identify and alter their activity and attention level using fun sensory-based activities. This group is intended for school-aged children with sensory regulation issues, ADD, ADHD, and autism spectrum disorder. This session is also geared for gifted & talented children who struggle with hyper-focus and over-reactivity.

Super Flex Social Thinking

Children often have difficulty making and keeping friends. This group focuses on flexible thinking and how to understand the social world. Based on the work of Michelle Garcia-Winner, children will learn about SuperFlex and the team of Unthinkables to help understand non-verbal communication and social skills. This group combines sensory integrative approach with social thinking in a play-based environment and is offered for children 5 - 7 and 8 - 12 years old.

Girl Power

This group empowers girls with knowledge of anti-gossiping and anti-bullying strategies, assertive communication, friendships, getting along with parents, as well as nonverbal communication.

Boy Power

This group will address issues boys have. Specific topics include assertive communication, anti-bullying strategies, competitiveness, friendships, giftedness, etc., however, other topics will be added as identified.

Picky Eaters R Us



This group is for all picky eaters. If your child has difficulty eating a variety of foods & textures, then this group is for you!! Children will explore foods and textures, learn principles of healthy nutritional, and learn to eat a balanced diet without stress.

Parent Support Group



Parenting a child with self-regulation and behavioral difficulties can be especially challenging. This group is the culmination of Stephanie’s PhD work, and her desire to offer multi-disciplinary support to parents. We focus on supporting each other through the ups and downs of parenting children. Together we will read “Parenting from the Inside-Out”, learn about attachment and parenting when children have challenges with behavior, poor self-esteem, and compliance.

Please note: This will be a parent only group—no children should attend.