



Kid's Work



Living, Learning, Playing

Stephanie M. Foster  
MS, OTR/L



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# What is *Kid's Work*?

- Private practice Occupational Therapy (OT) clinic
- Over 25 combined years of OT experience—over 18 combined years in Pediatrics
- Serving children and their families on the Central Coast for over 5 years
- Specializing in Sensory Integration (SI) therapies

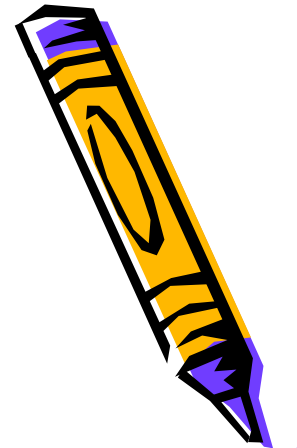


*Kid's Work* is the only SI Clinic in  
Northern Santa Barbara County



# Stephanie M. Foster

## MS, OTR/L



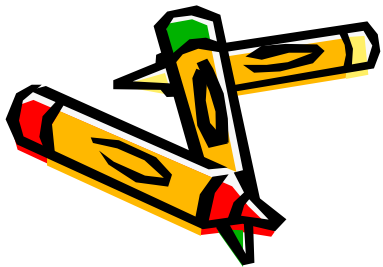
- Owner of Kid's Work
- BS in OT from Tufts University and MS in OT from Boston University; currently enrolled in a Clinical Psychology PhD program
- Certified in Sensory Integration (SI) therapy since 1994
- Provided research supporting the development of
  - Sensory Profile (Infant, Child, & Adult)
  - Bruininks Oseretsky Test of Motor Proficiency (BOT-2)
  - Miller FUNction and Participation Scales
- Published author
- Mother of 3 wonderful kids



# Sensory Disorders and Autism



*"There has long been acceptance of the fact that people with autism demonstrate abnormal responses to sensory stimuli. Some professionals though believe that people with autism actually experience sensory stimuli in an unusual way: and that the bizarre perceptual experiences actually cause the 'abnormal' reactions."*



-Stella Waterhouse, author of *A Positive Approach to Autism*

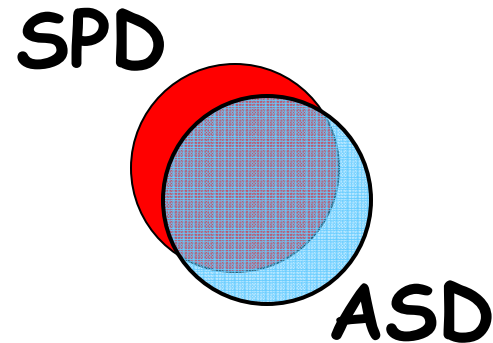
[http://www.autismtoday.com/articles/Sensory\\_Disorder.htm](http://www.autismtoday.com/articles/Sensory_Disorder.htm)

# SPD and Autism Spectrum Disorder (ASD)



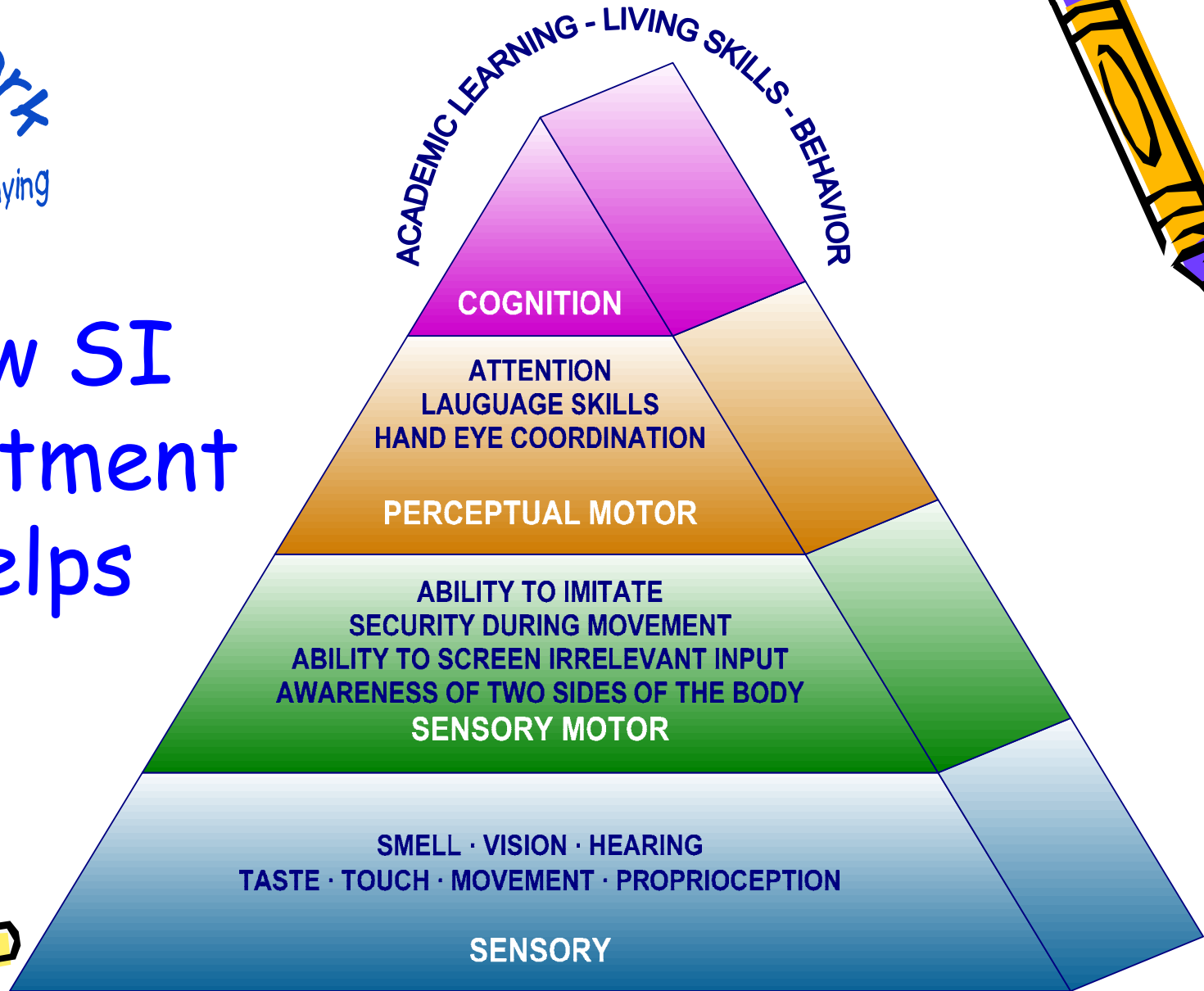
## Lots of Overlap:

- 80% Touch sensitivities
  - 87% Sound sensitivities
  - 86% Vision sensitivities
  - 30% Taste & smell sensitivities
- Survey results as reported by Dr. Temple Grandin in her book, *Thinking in Pictures*





# How SI Treatment Helps



## BUILDING BLOCKS OF SENSORY INTEGRATION

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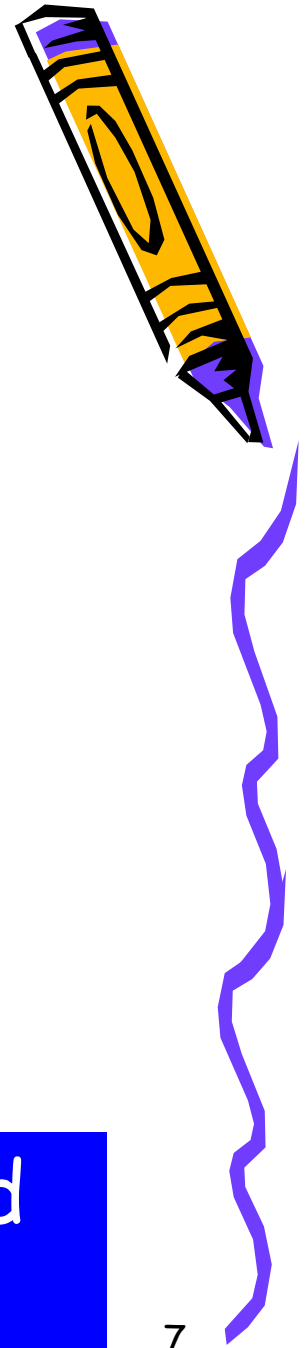


# Benefits We Provide:

- Increased self esteem
- Handle transitions better
- Tolerate frustration better
- Improved self regulation
- Make friends and get along with peers
- Self-care skills



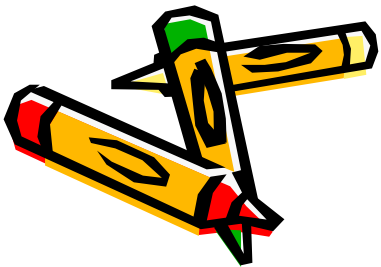
Happier, better understood kids at home and school!



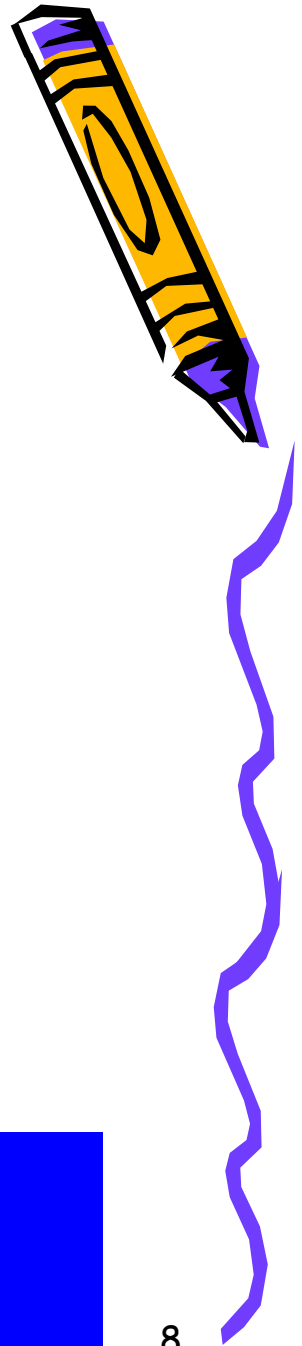


# Services Specifically for ASD Clients:

- Comprehensive assessments/evaluations
- Individual treatments
- Parent education
- Group therapy:
  - How Does Your Engine Run? (self regulation)
  - Social Skills
  - Fine Motor Skills
- Sensory Diets: home, school, or daycare
- Consultations with other professionals

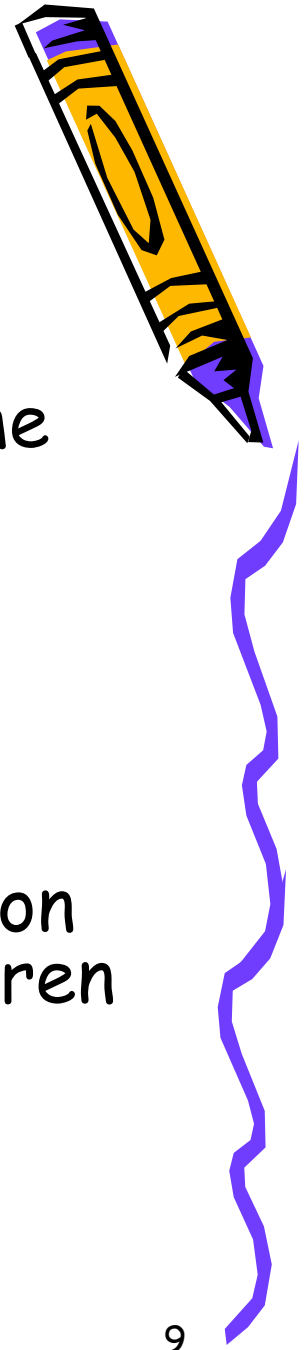


Over half our clients have been diagnosed with ASD



# Other Treatment Expertise:

- Learning Disabilities
- Behavioral Disorders
- Attention Deficit Disorders
- Developmental Coordination Disorders
- Down's Syndrome
- Prematurity
- Pre-natal drug exposure
- Reactive Attachment Disorder (common in adopted children from former Eastern Bloc countries)



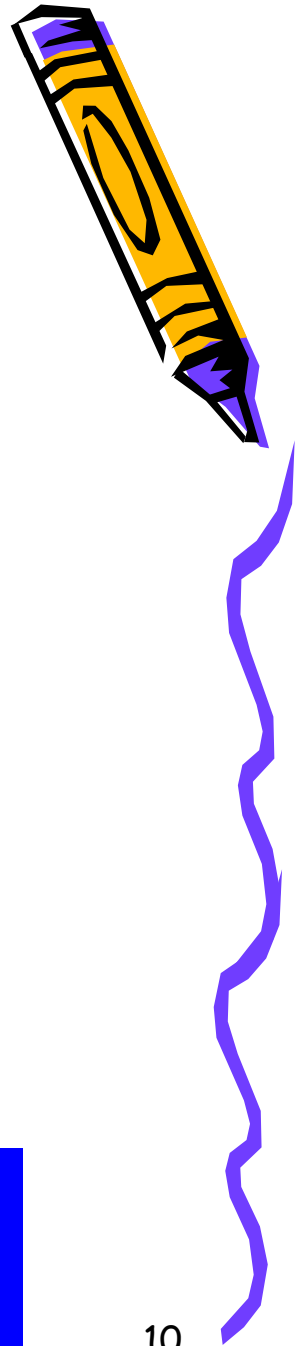
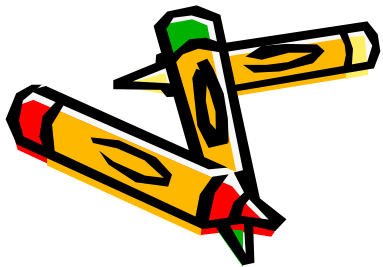


# TriCare

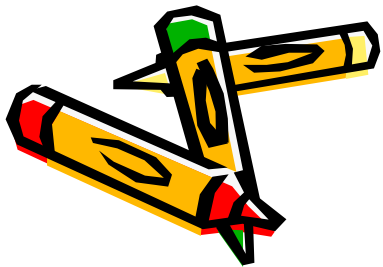
- Kid's Work is an in-network TriCare provider
- You need a doctor's referral and authorization from TriCare before starting treatment

*Note:* Not all services are covered by TriCare

References available upon request



# Questions?



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[www.kidswork.biz](http://www.kidswork.biz)